# Course Proposal: Mastering Your Inner Universe: The "Tapped In" Journey with HOA/HOS Hat Inserts & The 4-Step TFM Method (Tree Frequency Manifestation)

**Author & Instructor:** Michael Robinson (JaMichael), Author of "Tapped In: A Galactic Guide to Your Inner Universe" and Creator of AMA Creative Products

### **Course Overview:**

Embark on a transformative 4-week journey into your inner universe, guided by Michael Robinson, author of "Tapped In: A Galactic Guide to Your Inner Universe". This intensive online course will reveal how to optimize your focus, clarity, and personal performance using the groundbreaking "HOA/HOS Hat Inserts" and the proprietary "4-Step TFM Method," directly integrated with the profound teachings of the "Tapped In" book. Discover how to shield your mind from negativity, transmute struggles into strengths, and consciously align with your divine connection for sustained well-being and purposeful living.

## Who Should Enroll:

- Readers of "Tapped In: A Galactic Guide to Your Inner Universe" seeking to deepen their understanding and practical application of the book's principles.
- Individuals interested in cutting-edge spiritual and energetic optimization techniques, particularly those involving the "Helmet of Salvation/Ascension (H.O.S./H.O.A.)" concept.
- Users of AMA Creative Products' HOA/HOS Hat Inserts looking to maximize their effectiveness through a structured methodology.
- Anyone striving for enhanced productivity, improved well-being, mental clarity, and a unique approach to personal and spiritual development, leveraging energetic principles and intention.

## **Course Objectives:**

Upon completion of this 4-week course, participants will be able to:

- 1. **Fully understand the core concepts from "Tapped In,"** including "Ja" (the soul spark), the "Mindscape" (battlefield and garden), energetic frequency, and the principle of Transmutation.
- 2. **Master the use of HOA/HOS Hat Inserts** as an energetic tool for protection and alignment, as explained in "Tapped In".
- 3. Implement each of the "4 Steps" within the TFM Method, learning to apply them in daily life for greater focus and energetic management.
- 4. Activate and utilize the "Tap-In-Button (TIB)" technique for instant re-centering, intention focusing, and Crown Chakra connection.
- 5. Cultivate their "Mindscape" from a battlefield into a protected, thriving garden, using the principles of conscious thought and energetic shielding.

6. **Develop a personalized practice** for integrating the book's wisdom, the hat inserts, and the TFM Method for ongoing personal optimization and spiritual growth.

# Week 1: Awakening Your Energetic Self & The Helmet Principle

- **Module 1.1:** Welcome, Course Overview, and Introduction to "Tapped In: A Galactic Guide to Your Inner Universe".
- **Module 1.2:** You Are Energy, You Are Frequency: Understanding your personal energetic broadcast.
- **Module 1.3:** Discovering Your "Ja" The Soul Spark: Connecting with your true, eternal self.
- **Module 1.4:** More Than a Cap The H.O.A./H.O.S. Principle: Introduction to the Helmet of Salvation/Ascension and its role in energetic protection.
- **Assignments:** Reading "Tapped In" Part 1 (Chapters 1-4), initial self-assessment of personal frequency, beginning Ja connection practices.

# Week 2: Defending Your Mindscape & Activating Connection (TFM Steps 1 & 2)

- **Module 2.1:** The Mindscape Battlefield and Garden: Understanding the mind as an inner landscape and the importance of its cultivation.
- **Module 2.2:** Tapping In (TIB) Activating Your Connection (TFM Step 1): Learning the practical "Tap-In-Button" technique for instant re-centering and intention setting.
- **Module 2.3:** The Crown Chakra Connection Your Divine Antenna (TFM Step 2): Deepening understanding of the energetic significance of the crown and its role in divine connection.
- Module 2.4: Integrating TIB with Crown Chakra Activation for Shielding Your Mindscape.
- **Assignments:** Reading "Tapped In" Part 2 (Chapters 5-6), daily TIB practice, Mindscape journaling.

## Week 3: Directing Your Energy & The Art of Transmutation (TFM Steps 3 & 4)

- **Module 3.1:** The Brim Deflecting & Directing (TFM Step 3): Utilizing the energetic "brim" of the H.O.S./H.O.A. for shielding your immediate field and protecting inner vision.
- **Module 3.2:** The Art of Transmutation Turning Lead into Gold (TFM Step 4): Learning to transform negative experiences and energies into positive outcomes, drawing from personal experience and ancestral wisdom.
- **Module 3.3:** Advanced Application: Combining TIB, Crown Chakra, and Brim principles for comprehensive energetic management.
- Module 3.4: Deepening Your Ja Connection through Transmutation and Intention.
- **Assignments:** Reading "Tapped In" Part 2 (Chapters 7-8), applying transmutation techniques to a personal challenge, intention-setting exercises.

## Week 4: Living Intentionally & Navigating Your Universe

• Module 4.1: The Power of Intention – Setting Your Galactic GPS: Consciously directing

- your energy and focus for manifestation.
- **Module 4.2:** Galactic Citizenship & Collective Consciousness: Understanding your place in the grander scheme and the power of collective action.
- **Module 4.3:** Developing Your Personalized "Tapped In" Integration Plan: Creating a sustainable practice for ongoing alignment and optimization.
- **Module 4.4:** Q&A, Certification of Completion, and Next Steps for Continued Growth and Expansion.
- Assignments: Reading "Tapped In" Part 3 (Chapters 9-11), final personal integration plan, commitment to ongoing practice.

#### What's Included:

- [4] hours of live, interactive online instruction with Michael Robinson, author of "Tapped In".
- **Digital copy of "Tapped In: A Galactic Guide to Your Inner Universe"** (or guidance on where to purchase if not included directly).
- **Detailed course materials** (PDF guides, worksheets, templates aligned with the book's concepts).
- Exclusive access to a private online community forum for peer support and Q&A.
- Recorded sessions for review (if applicable).
- Certificate of Completion from AMA Creative Products LLC,

For more information send an email to (info@amacp11qr.com)

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